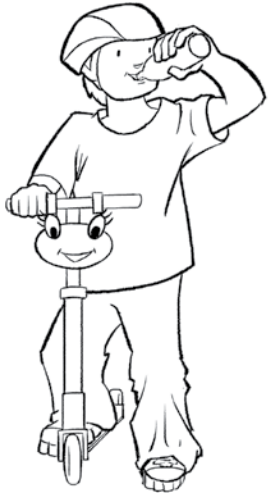


# ADVENTURE SKILLS



**DRINK WATER!**



**EAT FRUITS AND VEGETABLES**



**PLAY, MOVE AND EXERCISE EVERY DAY!**



**INHALE**



**EXHALE**

**BREATHE**



**HUMMING BEE BREATH**



**INFINITY 8'S**



**OH NO!**



**AH YES!**



**ELEPHANT WISDOM**